Community Child Health Services

Community Child Health
Gold Coast Hospital and Health Service
Community Child Health is comprised of four teams:

- Child Development Service
- Early Childhood Team (0-3½ Yrs)
- C.H.I.L.D.S. Team (3½ -12 Yrs)
- School Based Youth Health Nurses
Community health - details

**Child Youth Family Health (CYFH)**
- Universal Home Visits
- Targeted Home Visits
- NHMRC Growth and Developmental Checks (0-3 ½ years)
- Drop-In Clinics for weight check (0-3 months)
- Education Groups for clients (2-6 months)
- Early Parenting Services (settling, routines, sleep)
- Early Intervention Parenting Support (Psychologist, Social Worker or Indigenous Child Health Workers)
- Fun not Fuss (fussy eating parent education session)
- Triple P parenting program

**Liaison Developmental Support Team (C.H.I.L.D.S)**
- Developmental Clinic (3½ to < 7 years)
  - Assessment, early identification, triage and brief intervention
- Hearing Clinic (4-18 years)
  - Targeted hearing screening in schools
- Enuresis from (>5 years)
- Liaison with Gold Coast Early Childhood Education Services

**School Base Youth Health Nurse (SBYHN)**
- Located in Gold Coast High Schools
- Work with young people, school staff and parents to promote health wellbeing
- Create a supportive healthy school environment
- Connect youth with other support services

**Community Paediatric Dietician**
- Paediatric Dietician (0-18 years)
- Clinics within the community at Southport, Helensvale, Coomera, and Palm Beach
- Common referrals: Slow or faltering growth
- Iron deficiency
- Coeliac disease
- Vegetarian or vegan diets
- Allergies/intolerances
- Restrictive diets e.g. fad diets or exclusion of whole food groups

**Child Development Service (CDS)**
- (0 to < Prep entry)
- Multidisciplinary Clinic Assessment and Therapy
  - Speech Therapy
  - Occupational Therapy
  - Physiotherapy
  - Mealtime Clinic
- AMDAC (ASD Assessment Clinic) (2-6 years)
- FASD Diagnostic Clinic (7-10 Years)
- Paediatric Clinic (0-<10 years)

**Parent Education Talks/community education**
- Presentations to families in the community with topics dependent on community need – for example
  - Development of communication skills in young children
- Development of play – new parents groups.
- Presentations with other stakeholders involved in child development on topics such as FASD.
Community Child Health

- Child Youth & Family Health and Child Development Service are now co-located in the Southport Health Precinct.

- There are also 7 other child health centres located within the GCHHS region.
Why come to Child Health?

- Well baby environment
- Normalise parenting
- Parent socialisation
- Community supports
- Advise and support parents in their role to raise healthy resilient children
- School readiness for child and parent
- To access the Child Development service for children with developmental concerns (refer early if concerns or delays identified).
Who is on the Child Health team?

- Paediatricians
- Allied Health Professionals
  - Social Workers
  - Psychologists
  - Dietician
  - Physiotherapy
  - Occupational therapy
  - Speech therapy
  - Indigenous Child Health Workers
  - School Based Youth Health Nurses
- Child Health Nurses
- Clinical Intake Officers
- Administration/booking officers
What services do we offer?

- Individual health and developmental screening & referral
- Parent Health Education Groups
- Short & long term Home Visiting
- Early Parenting Services
- Allied Health Services – counselling / therapy
- Indigenous Child Health cultural support
- Child Care Centre staff support & resource
- Pre- school screening, surveillance & resource
- High School student & school community consultation / health education / resource
Individual Consultations 0-3.5yrs

- Growth & development assessments according to NHMRC guidelines (as per Personal Health Record)
- Infant nutrition – including breastfeeding, bottle feeding and solids
- Sleep & settling advice
- Immunisation advice
- Parenting & behaviour management advice
- Parent/s emotional wellbeing (EPND screen)
- Social-emotional infant development
- Child advocacy & mandatory reporting
- Referral to government, non-government & community agencies
Education Groups birth-12 yrs

- Formal and informal Parent groups
- Positive Parenting Program
- Fun Not Fuss With Food Group Program
- Parent Information Sessions for ECEC staff and families
- School Prep Information sessions for parents
- Aboriginal & Torres Strait Islander antenatal and postnatal parent education groups
2 ½ - 3 ½ year health check

- Observation of child & parent interaction
- Growth & development – fine & gross motor
- Hearing profile – question parent
- Vision profile – question parent
- Language – PLS 5 - 2 & 3 year old level
- Social skills / behaviour – question parent
- Referral to GP; Child Development Services (CDS); Australian Hearing etc
C.H.I.L.D.S SERVICE
3 ½ yrs to 6 11/12 year health check

- Management of complex clients
- Brigance screen
- Growth & development – fine and gross motor
- Speech & language - conversation & PLS 5
- Height and weight
- Social-emotional
- Hearing screening: Otoscopy; Tympanometry & Audiometry from 4yrs to end of High School
- Parenting/behaviour advice
- Enuresis program
C.H.I.L.D.S Service

- C.H.I.L.D.S – Child Health Intervention Liaison and Developmental Support
- Clinics
- Liaise with schools, GP practice, ECEC, and many other NGO’s
- Telephone support via Intake Officer for referral pathways, parent queries
School service

- **Targeted** hearing screening in State Primary Schools with referral and consent
- Liaison with schools
- School Based Youth Health Nurses based in every High School on Gold Coast
Child development Service – recent changes

- **Name change from** Child Development and Behaviour Service (CDABS) **to Child Development Service (CDS)**
  - now named in line with other services across Queensland.

- **Community Child Health intake**
  - Referrals direct from families, school staff, non government organisations and childcare centres to CDS have ceased.
  - Referrals to CDS are accepted from health professionals eg. GPs / Allied Health / Paediatricians/ Child Health Nurses.
CDS changes continued....

- **Age criteria**
  - In 2014 CDS age criteria was expanded to prep entry
  - Note that ASD diagnostic clinic – 0- less than 6 years (due to federal funding criteria).
  - Children who are already at prep through to 10 years of age will be seen through the Paediatric clinic within CDS.

- **Defined clinical pathways**
  - FASD / ASD / MD Clinic (Complex) / Single Discipline/ Paediatric clinic
Clinical Pathway – FASD

- Specialised MD team assessment for children with identified pre-natal alcohol exposure and clinical concerns around possible FASD
- 6-10 years of age (children < 6 years monitored)
- Intensive clinical assessment and feedback over 3 days
- FASD co-ordinator – Judith Warner (Psychologist)
- FASD post diagnosis support Robyn Plowman (Social Worker)
- FASD education / developing community resources links / GU intervention / Evaluation
Clinical Pathway – ASD

Autism Multidisciplinary Assessment Clinic (AMDAC)

- Specific ASD diagnostic assessment clinic
- Children 0- less than 6 years of age (after 6th birthday assessment through paediatrician clinic)
- 2 x ASD streams
- 4-6 weeks assessment / feedback
- If ASD – referral through to HCWA + 8 week post diagnosis (support with linking to services).
- If ASD diagnosis is not made then referral to internal CDS pathways or external services is provided.
Clinical Pathway  - Multidisciplinary Team (MD)

- Children 0- prep-entry with 2 or more developmental concerns and would benefit from MD team approach.
- 3 MD crews (Mon – Wed – Fri)
- Initial appointment with 2 members of crew: identify family concerns, review child, formulate initial plan for assessment / treatment options
- Assessment period over 6-8 weeks: feedback to family / development of family goals, treatment plan – packages of care options
- Treatment options within CDS dependent on formulation: packages of care / referral to external sources
- Feedback to family / referrer / GP with outcome of initial appointment, outcome of assessment, progress and discharge.
Clinical Pathway – Paediatric Clinics

- Paediatric child development clinics for children 0-10 years
- Children < 6 years of age with developmental concerns preferential referral through to CDS
- Children > 10 years of age seen through GCUH child development clinic (Monday – Dr Redman)
Clinical Pathway – Single Discipline

- Children requiring single allied health discipline: SLP / PT / OT.
- Psychology and Social worker will provide services to children in ASD, FASD and MD streams.
- “Packages of care” – Assessment / Treatment
  - Determined by diagnostic code / category / severity / co-morbidity
  - Evidence based / focused on parental concerns-goals
Where can you find us?

Southport (Central Office) for Community Child Health (including CDS)
Southport Health Precinct
Level 3, 16-30 High St, Southport

Child Health Centres are located at:
Upper Coomera       Coomera Springs
Helensvale          Nerang
Labrador            Robina
Palm Beach

Child Development Service provides outreach services from:
Palm Beach Community Health
Helensvale Community Health
Upper Coomera Community Health

13HEALTH
How can you access?

- Formal referral by a Health Professional from birth to <10 yrs of age, via Medical Objects, or referral letter to Dr Doug Shelton

- Self referral by a parent / carer for appointments from birth to six years for developmental checks or from 4 -18 years for hearing.

Central Bookings: 5687 9183
Fax: 5687 9168

Email: Child.health.intake@health.qld.gov.au
Community Child Health pathways

- Referrals will come to central Community Child Health Intake, to be discussed by Clinical Intake Team, and appropriate pathway will be identified.

- When able the referrer is informed of outcome of triage and appointment time, or approximate wait time.
Additional Resources

- www.raisingchildren.net.au
- Red Flags (Gr8 Start Booklet – new address details in newly printed booklets)
- www.healthygc.com.au
Questions