Mental Health Information for GPs

Local Resources for GPs

Gold Coast Mental Health Services

Acute Care Team
1300 64 2255 (1300 MH CALL)
24-hour specialist mental health care including advice, referrals, crisis and support.

Referral Pathways (visit HealthyGC.com.au > Resources > Mental Health)

GP Psychiatry Liaison Service
0407 453 349
Consultant psychiatrist for telephone support and/or in-practice education, support and case conferencing.

Alcohol and Other Drugs Services
13 11 14
AODS Central Gold Coast
5687 9119
AODS Southern Gold Coast
5525 5701

Access to Allied Psychological Services (ATAPS)
5612 5454

Partners in Recovery Gold Coast
1300 130 339

Mental Health Professionals’ Network - 8 networks on the Coast
1800 209 031

For a full list of mental health services on the Gold Coast, visit www.HealthyGC.com.au

Online Resources for GPs
Includes quick resources, such as screening tools, apps and self-help sites for patients, online training and other information.

The Black Dog Institute for Health Professionals

eMHPrac: A Resource Guide for Practitioners - Australian e-mental health resources by crisis, diagnosis, specialist target group and delivery mode

The Psychological Toolkit - Practical resources to help manage mood disorders in clinical work.
Includes questionnaires and screening tools, charts to assist with treatment protocols, tools for self-monitoring, and exercises for patients.

Mood Assessment Program

Academic Publications

Online Training

RACGP

The Abuse and Violence: Working with our patients in general practice (the White book)
e-Mental Health: A guide for GPs
Clinical Resources
Online Training

Children of Parents with a Mental Illness for GPs

beyondblue for Health Professionals

Headspace for Health Professionals

Mental Health Professionals’ Network

Please see the Gold Coast’s largest online health services directory at www.healthygc.com.au for a full list of current Mental Health Providers.
Proudly sponsored by Partners in Recovery (PIR) Gold Coast. This is a Federally funded program.