

## Other drug and alcohol services

There are a range of local, state and national services available to help if you are dealing with drug or alcohol issues or mental health concerns.

Detoxification	
Currumbin Clinic (Private)	5534 4944
Turning Point Fairhaven	1300 111 827
HADS Royal Brisbane	3646 8704
Moonyah	3369 0355
Residential rehabilitation	
Currumbin Clinic (Private)	5534 4944
Goldbridge	5503 1255
Mirikai	5535 4302
Logan House	5546 3900
Salvation Army/Fairhaven	1300 111 827
Self-help	
Al-Anon	1300 252 666
Alcoholics Anonymous	5591 2062
Hep C	1300 437 222
Narcotics Anonymous	1300 652 820
NCPIC	1800 304 050
Smart Recovery	0447740586
Youth services	
Headspace	5509 5900
YHES House	5528 5333
Gold Coast Youth Services	5572 0400
Noffs Queensland	1800 753 300
Lives Lived Well	5535 4302
Other services	
Alcohol and drug info (24 hour)	1800 177 833
LifeLine	131 114
Mental Health Acute Care Team	1300 642 255
Sexual Health Clinic	5687 9200
MensLine	1300 789 978
NSP Southport	5687 9039
Amend	1300 114 397
Homeless Hotline	1800 474 753
Family Drug Support	1300 368 186
Smokers Quit Line	137 848
DV Connect	1800 811 811
QulHN	5520 7900

## Other important information



### Interpreter services

Gold Coast Health provides interpreter services for patients attending the hospital who are from non-English speaking backgrounds. If you require the assistance of an interpreter, please indicate this on your registration form and advise the hospital prior to any medical appointments.

**Interpreter services are provided free-of-charge to all patients who require the service, including non-Medicare patients.**



### Gold Coast Health Alcohol and Other Drugs Service

#### Southport Health Precinct

Level 4, 16–30 High Street,  
Southport 4215

t: +61 7 5687 9119 f: +61 7 5687 9345

e: AODSCentralGC@health.qld.gov.au

#### Palm Beach Community Health Centre

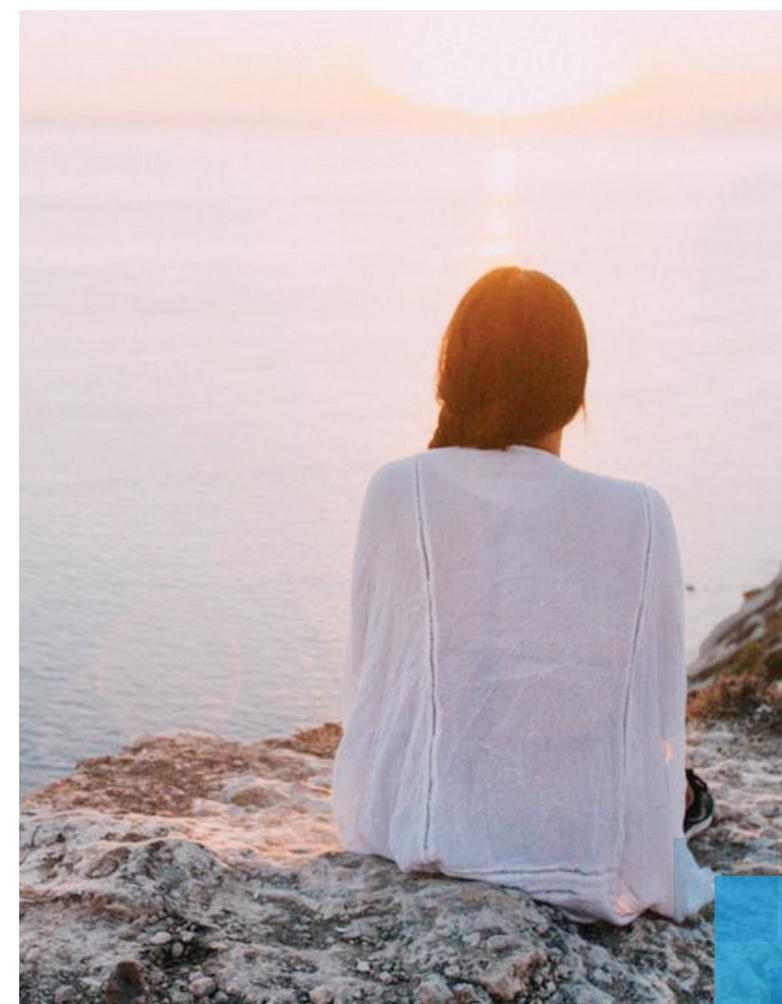
9 Fifth Avenue, Palm Beach 4221

t: +61 7 5525 5701 f: +61 7 5525 5780

e: AODSSouthernGC@health.qld.gov.au

# Alcohol and Other Drugs Service

AODS



Gold Coast Health's Alcohol and Other Drugs Service (AODS) offers a confidential service for people affected by drug and alcohol issues. The service provides a range of interventions that will help and support the decision to reduce or cease harmful substance use.

Our multidisciplinary team of medical officers, clinical nurse consultants, registered and clinical nurses, educators, psychologists, occupational therapists and social workers provide a range of services, as listed below.

## Services

### Hospital consultation and liaison

The AODS hospital consultation and liaison team provides screening, assessment, intervention and specialist advice on drug and alcohol issues for patients at the Gold Coast University Hospital and Robina Hospital.

### Assessment and referral

Our team will conduct a comprehensive assessment of a patient's drug and alcohol issues to ensure we provide the best possible treatment and care for each individual's personal circumstances. This assessment will ensure that patients are referred to the right services, suited to their needs.

### Counselling and support

Counselling is a key part of alcohol and drug rehabilitation. We use a range of proven counselling techniques and therapeutic approaches to help with drug and alcohol issues, tailored to suit personal circumstances.

### Opioid replacement therapy

Opioid replacement therapy (ORT) is a medical treatment that involves replacing an illegal opioid—such as heroin or illegal use of prescription opioids—with a longer acting but less euphoric opioid. Methadone or Buprenorphine (Subutex/Suboxone) are typically used and will be given under supervision.

## Programs

### Community programs

We deliver a range of programs for the community, to increase understanding of alcohol and drug-related harm and to educate and inform people of the treatment options and services available.

### Group programs

Gold Coast Health's Alcohol and Other Drugs Service deliver the following range of group programs that will help support the decision to reduce or cease harmful substance use.

### Back in control

A six-session education program for people who have, or have previously had, a substance use issue. Participants can request a certificate on completion.

### ADAPT

The ADAPT (alcohol, drug, acceptance, prevention, therapy) program is designed for people experiencing both mental health and drug or alcohol issues. The program is facilitated by trained professionals and participants will attend two-hour weekly sessions for eleven weeks. Participants can self-refer and require an assessment.

### The DARE program

The DARE (drug, alcohol, recovery, education) program is a weekly, two hour group session that promotes health and well-being in a supportive environment. The program is abstinence-based and enables substance recovery through solution focused education and peer support.

### SCRAP book

A six session home-based education program for Gold Coast residents who are currently, or have previously, experienced a drug or alcohol issue. These sessions are self-conducted and are designed for low-risk patients who are unable to attend other group sessions due to work or other commitments. A statement of completion can be provided.

## Referrals and appointments

### Referrals

Anyone concerned about a drug and alcohol issue can contact the Alcohol and Other Drugs Service for information and referral options, as well as to discuss arranging a confidential assessment. Clients may also be referred to our services through family and friends, community services, medical professionals, emergency workers or corrective services.

### Appointments

Information on appointment times and how to arrange an assessment can be provided by contacting the service on 5687 9119. All appointments are free and confidential.

## Health directory

Health directory is a smart phone app that provides a comprehensive list of all alcohol, drug and mental health services on the Gold Coast.

### Downloading the app

You can install the app on your Apple, Android and Windows smart phone by:

- searching for "Gold Coast Alcohol, Other Drug" on the app store
- scanning the QR code to the right.

