

## Outreach youth work

The outreach service provides young people with support on an individual basis either at ADAWS or in the community. The youth workers offer young people an opportunity to develop individualised programs that suit their level of motivation and desire to reduce harms associated with their substance use. A variety of therapeutic interventions and activities are available to suit each young person.

## Referral

Anybody can refer themselves to ADAWS by contacting us and asking to speak to our intake officer.

We receive referrals from young people, their families, health and education professionals and other agencies.



## ADAWS

Adolescent Drug and Alcohol  
Withdrawal Service

## Contact details

ADAWS  
36-40 Clarence Street  
South Brisbane, QLD, 4101

Phone: 07 3163 8400  
Fax: 07 3163 2839  
Email: [adaws@mater.org.au](mailto:adaws@mater.org.au)

[www.kidsinmind.org.au/adaws](http://www.kidsinmind.org.au/adaws)

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The Adolescent Drug and Alcohol Withdrawal Service (ADAWS) is a Queensland wide service, delivered by Mater Health Services. ADAWS has a range of services to support young people aged between 13 and 25 who experience issues with substance use. This includes:

- a residential program designed to support young people aged between 13 and 18 to withdraw from substances
- a specialist youth work service that can outreach to individual young people in the greater Brisbane area
- Area 40—a space where young people can drop in and access support in a creative and safe environment.

## Aims

- To support young people to complete their withdrawal from substances in a safe, comfortable and youth-friendly environment.
- To support young people to reduce harm related to substance use by providing alcohol and other drug interventions, and access to a safe centre based environment known as Area 40.
- To promote harm minimisation strategies which take account of each young person's individual motivation, goals, choices, strengths and support needs.
- To facilitate referrals to appropriate agencies and services in the community that can provide ongoing support for young people and their families.
- To develop, in collaboration with each person and their key support people, an individualised support plan that promotes the young person's overall health and wellbeing.

## Residential Program

Young people (aged 13 to 18) can come into the ADAWS residential program for an 11 day stay for a withdrawal from substances. We provide a comprehensive program of support to enable young people to work towards their goals and achieve change in their lives. The residential program takes up to five people at a time, provides individual rooms and 24 hour staff support.

During the program, young people are supported by youth workers to participate in group work. The program includes topics such as coping with cravings, drug and alcohol awareness and relapse prevention. Young people also have access to mental health support and health checks, and recreational activities including going to the gym. Support is offered to parents, families, carers and other key support people in the life of a young person.

## Area 40

Area 40 is a large and vibrant space providing activities and support three days a week (please contact ADAWS on 07 3163 8400 for opening hours). Young people are encouraged to come along and participate in activities such as skateboard making, painting, screen printing, cooking or using the music recording studio. ADAWS also provides vocational training, through the Area 40 PIVOT program. There are facilities such as lockers, washing machine, showers and the internet.