



An Australian Government Initiative

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Page content updated 17/10/2019

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Patients

## Children 1st Specialist Clinic

Child Psychiatrist and Psychology services.

Specialising in Mood & Anxiety Disorders, Neuropsychiatry and Neurodevelopment Disorders (ASD/ADHD,Tics),  
Stress , PTSD, Somatoform Disorders, Family Therapy.

### Details

Phone: 07 3726 5165

Fax: 07 56361077

Email: [childrenfirstspecialist@gmail.com](mailto:childrenfirstspecialist@gmail.com)

### Address

Southport Central ,  
Suite 2103, Level 1, Tower 2, 5 Lawson st,  
SOUTHPORT 4215 QLD

### Opening Hours

<b>Monday</b>	9:00am - 5:00pm
<b>Tuesday</b>	9:00am - 5:00pm
<b>Wednesday</b>	9:00am - 5:00pm
<b>Thursday</b>	9:00am - 5:00pm
<b>Friday</b>	9:00am - 5:00pm
<b>Saturday</b>	9:30am - 4:00pm
<b>Sunday</b>	-

### Notes on public holiday hours:

We are closed on public holidays

-

### Fees & Charges

Charges apply for all services

Bulk billing is not available

Mixed Billing Available

### Services Provided

Mental Health Outpatient Services

### Our Programs

[View All](#)

No program(s) found.

### Our Events

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### Attached Documents

No document(s) found.

### Contact

Listing created: 5/04/2019

Listing last updated: 15/04/2019

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coordinator to make improvements to our  
website not the above organisation.**

## Health Practitioners

A/Prof Savio Sardinha

Dr Amol Deshmukh

Dr Jean Lightbody

Dr Nicole Rahaley

## Service Age Criteria

-

## Referrals

General Practitioner

## Spoken Languages

English

## Target Groups

Children

Healthcare Professionals

Mental Health

Parents / Families

GP's

**Tagged** [child](#), [Psychiatrist](#), [ASD](#), [ADHD](#), [anxiety](#), [PTSD](#)

**Categorised under** [Mental Health - Psychologists](#), [Mental Health - Psychiatrists](#), [Mental Health - Support Programs](#)

## Our Location

*Gold Coast Primary Health Network would like to acknowledge the traditional custodians of the Gold Coast and surrounding areas, the Yugambeh, Yuggera and Bundjalung peoples.*

*Gold Coast Primary Health Network gratefully acknowledges the financial and other support from the Australian Government Department of Health*

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