



An Australian Government Initiative

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Page content updated 19/10/2019

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## AARI Health Arena

AARI Health Arena is a fitness community, housing a multidisciplinary health care team and fully functional rehabilitation gym. We are a collection of some of the most highly trained health professionals in the sporting arena, weight loss sector and in injury rehabilitation.

We understand exactly how to support the human body to reach its full potential. Our professional experience in combination with our skills and knowledge will help transform your goals into results. We are a health and fitness community, the health care team, and your support crew.

We offer a range of comprehensive services, such as weight loss, diabetes care, injury rehabilitation, stress relief, meditation and remedial massage.

### Details

Phone: 07 5563 7566

Fax: 07 5677 0277

Email: [info@myhealtharena.com.au](mailto:info@myhealtharena.com.au)[View our Website](#)

### Address

AARI Health Arena,  
11, 84 Brisbane Road,  
LABRADOR 4215 QLD

### Opening Hours

<b>Monday</b>	7:00am - 6:00pm
<b>Tuesday</b>	7:00am - 6:00pm
<b>Wednesday</b>	7:00am - 6:00pm
<b>Thursday</b>	7:00am - 6:00pm
<b>Friday</b>	7:00am - 5:00pm
<b>Saturday</b>	7:00am - 2:00pm
<b>Sunday</b>	Closed - Closed



### Our Programs

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### Our Events

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### Attached Documents

No document(s) found.

Listing created: 24/04/2017

Listing last updated: 24/04/2017

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### Notes on public holiday hours:

We are closed on public holidays

-

### Fees & Charges

Charges apply for all services Various membership options available. Please visit website for details.

Bulk billing is not available

### Services Provided

Sports Medicine

Women's Health

Counselling

### Health Practitioners

-

### Service Age Criteria

No specific age

### Referrals

Not applicable

### Spoken Languages

English

### Target Groups

General Public

**Tagged** [yoga](#), [nutrition](#), [psychology](#), [overall health](#), [fitness](#), [community](#)

**Categorised under** [Allied Health - Exercise Physiologists](#), [Allied Health - Physiotherapists](#), [Allied Health - Psychologists](#), [Allied Health - Podiatrists](#), [Healthy Lifestyle Services - Personal Trainers & Fitness Instructors](#), [Allied Health - Dietitian/Nutrition](#)

### Our Location

*Gold Coast Primary Health Network would like to acknowledge the traditional custodians of the Gold Coast and surrounding areas, the Yugambeh, Yuggera and Bundjalung peoples.*

*Gold Coast Primary Health Network gratefully acknowledges the financial and other support from the Australian Government Department of Health*

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