Gold Coast Hospital and Health Service
Referral Triage Guidelines

Speciality: Diabetes and Endocrinology

## Immediate
Send to Emergency

- Diabetic ketoacidosis
- Suspected adrenal crisis
- Severe symptomatic hypercalcaemia (usually serum calcium > 3.2 mmol/l)
- Infected foot ulcers
- Foot infections (unless minor in people with ‘healthy’ feet)

*For patients with new onset type 1 diabetes phone Endocrine Registrar on 5519 7174 To arrange urgent review, if patient not sick enough to warrant admission*

## Priority Criteria

<table>
<thead>
<tr>
<th>CATEGORY 1</th>
<th>Criteria (symptoms/ indicators)</th>
<th>Examples (Used in conjunction with clinical judgement and patient co-morbidities)</th>
</tr>
</thead>
<tbody>
<tr>
<td>i. Appointment within thirty (30) days is desirable AND ii. Condition has the potential to require more complex or emergent care if assessment is delayed AND iii. Condition has the potential to have significant impact on quality of life if care is delayed beyond thirty (30) days.</td>
<td>New onset type 1 diabetes  Markedly symptomatic hyperglycaemia  Episode of severe hypoglycaemia  New foot ulcer  Pregnancy in a diabetes patient  Symptomatic thyrotoxicosis  Suspected adrenal failure  New pituitary tumour  Symptomatic hypercalcaemia  Possible insulinoma  New onset masculinization in a female  Symptomatic hypocalcaemia  Poorly controlled (symptomatic)diabetes  Foot ulcer  Recurrent hypoglycaemia in a diabetes patient  Adrenal mass  Thyrotoxicosis (less severe symptoms)  Possible Cushing’s syndrome  New male hypogonadism  Delayed puberty (if over 15, under 15 to paediatrician)</td>
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| CATEGORY 2 | Appointment within ninety (90) days is desirable AND ii. Condition is likely to require more complex care if assessment is delayed AND iii. Condition has the potential to have some impact on quality of life if care is delayed beyond ninety (90) days. | Diabetes with sub-optimal control  Diabetes with complication(s)  Minor disorders of thyroid function  Hirsutism, acne, menstrual irregularity  Gynaecomastia  Asymptomatic hypercalcaemia | Diabetes with sub-optimal control  Diabetes with complication(s)  Minor disorders of thyroid function  Hirsutism, acne, menstrual irregularity  Gynaecomastia  Asymptomatic hypercalcaemia |

| CATEGORY 3 | i. Appointment is not required within ninety (90) days AND ii. Condition is unlikely to deteriorate quickly AND iii. Condition is unlikely to require more complex care if assessment is delayed beyond 365 days. | Well controlled diabetes  Impaired glucose tolerance  Patients with adequately controlled chronic endocrine conditions | Well controlled diabetes  Impaired glucose tolerance  Patients with adequately controlled chronic endocrine conditions |